

LIFE IS A GAME...  
ARE YOU PLAYING TO WIN?



# MASTERING THE ART OF MANIFESTING

*A quick guide to help you realize your infinite potential  
to live the life of your dreams*

BECAUSE YOUR **SUBCONSCIOUS** IS CREATIVE AND ONE WITH THE DIVINE SOURCE,  
IT **NEVER SLEEPS**, IT, **NEVER RESTS**...ITS **ONLY** DESIRE IS TO **CREATE**  
WHATSOEVER YOU **SUGGEST**...



**CHEAT CODE:**

# FEELING IS THE SECRET TO MANIFESTING

**Have you ever wondered how some people attract wealth, health and success with little to no effort;**

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FEELINGS = EMOTIONS, WHICH CAN ALSO BE TRANSLATED INTO ATTITUDE

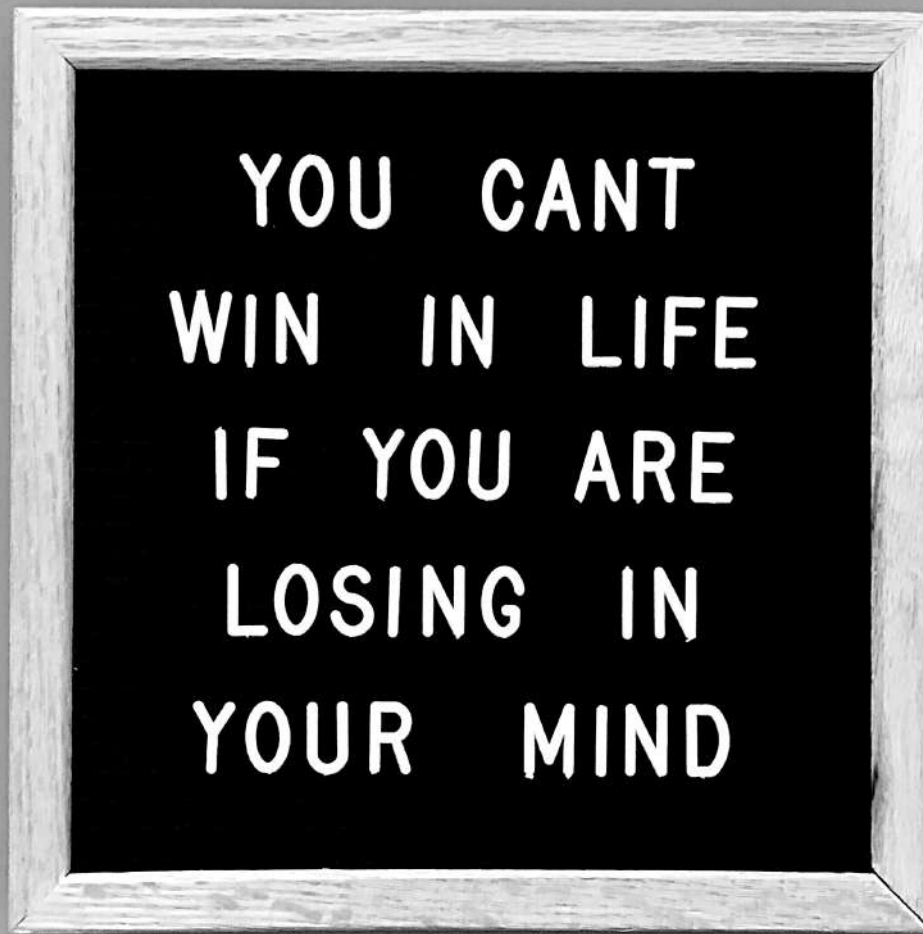
While others employ the hustle-hard mentality and massive effort to get it and some just outright fail?

How is this possible? Shouldn't everyone be able to realize their desires with the same amount of ease? The answer is YES! So why don't we?

Well... it seems as though we have misconstrued the rules to the game of life! The people who are winning with ease understand that the object of the game is to experience joy, appreciation, love and freedom, at any cost. Those who are are not, have forgotten this simple truth. Instead, they are operating from a place of competition or a work.

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SO....

# WHAT'S YOUR SCORE

**IN THIS GAME CALLED LIFE?**

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REMEMBER...THERE IS NO HIGH SCORE WHEN YOU'RE PLAYING...JUST MORE OF WHAT YOU ASKED FOR MANIFESTING IN THE NOW!

Our feelings are the key to the ultimate realization of our desired lives. Remember when you were a child? The feeling that you got when you knew it was time to play...it was indescribable joy. You didn't care if you won anything! as a matter of fact, there was nothing to win, the mere feeling of playing was all you focused on! That's exactly how life is meant to be approached.

When did you start taking things so seriously? When did you start to form an attachment to the expected outcome of things in life? How often did that lead to disappointment?


When did you stop playing? When you're playing, you engage in an activity for sheer enjoyment and recreation of it. That's how you experience sustainable consistent wins in this game called life!

THE  
MORE YOU  
PLAY  
THE  
GAME,  
THE  
MORE  
IT REWARDS  
YOU!



MARGARET ALABI

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1. Joy/Knowledge/Empowerment/  
Freedom/Love/Appreciation
2. Passion
3. Enthusiasm/Eagerness/Happiness
4. Positive Expectation/Belief
5. Optimism
6. Hopefulness
7. Contentment
8. Boredom
9. Pessimism
10. Frustration/Irritation/Impatience
11. "Overwhelm"
12. Disappointment
13. Doubt
14. Worry
15. Blame
16. Discouragement
17. Anger
18. Revenge
19. Hatred/Rage
20. Jealousy
21. Insecurity/Guilt/Unworthiness
22. Fear/Grief/Depression/  
Despair/Powerlessness

# CAN YOU FEEL IT?

Life is an endless game that we all get to PLAY and the best part of it all is that there are infinite opportunities to win! The chart to the left serves as a reference for how you're playing! The higher your feelings are on the chart, the more likely you are to receive your desired outcomes and adversely the lower you are on the chart the more likely you are to receive outcomes inconsistent with your desired outcome.

The more aware you become of your feelings at any given point, they will serve as indicators for how well you're PLAYING the game of life! The moment you are able to actively choose to pivot to an emotion of 7 or higher, the quicker you come into alignment with the vibrational power of the subconscious that is eagerly waiting to do your bidding!

Excerpt From: Esther Hicks & Jerry Hicks. "Ask and It Is Given."

# QUESTIONS TO ASK YOURSELF



THAT WILL HELP YOU SHIFT YOUR  
FEELINGS!



(REFER TO THE CHART ON PAGE 5)

1. WHAT EMOTION AM I FEELING RIGHT NOW?

2. WHY AM I FEELING THIS WAY?

3. HOW WOULD I FEEL IF I HAD WHAT I DESIRED RIGHT NOW?

4. WHAT CAN I DO NOW TO SHIFT MY FEELINGS TO THAT MY DESIRED OUTCOME?

5. HOW CAN I MAINTAIN THIS FEELING?



**FREE YOUR**  
MIND



**ELEVATE YOUR**  
VIBES



**MANIFEST YOUR**  
**BEST**  
LIFE